We claim:

- A method of inducing paraptotic cell death in a cell comprising contacting said cell with an effective amount of a compound selected from the group consisting of ceramide, Tumor Necrosis Factor (TNF), caspase-7, caspase-8, α-amino-3-hydroxy-5-methyl-4-isoxazole proprionic acid (AMPA), kainic acid and glutamic acid, wherein said effective amount of said compound induces paraptotic death of said cell.
- 2. The method of claim 1, wherein said paraptotic cell death is induced in a mammal.
 - 3. The method of claim 2, wherein said mammal is a human.
- 4. A method of inhibiting paraptotic cell

 15 death in a cell comprising contacting said cell with an effective amount of a compound selected from the group consisting of Alg-2-interacting protein 1 (AIP-1), Jun N-terminal kinase 1 (JNK1) neutralizing agent, Jun N-terminal kinase 2 (JNK2) neutralizing agent, TNF
- 20 Receptor-Associated Factor 2 (TRAF2) neutralizing agent, ortho-phenanthroline and the JNK inhibitor SP 600125, wherein said effective amount of said compound inhibits paraptotic death of said cell.
- 5. The method of claim 4, wherein said 25 paraptotic cell death is inhibited in a mammal.
 - 6. The method of claim 5, wherein said mammal is a human.

- 7. A method of treating a condition associated with excessive cell accumulation comprising administering to a subject in need of such treatment an effective amount of a compound selected from the group consisting of ceramide, Tumor Necrosis Factor (TNF), caspase-7, caspase-8, α-amino-3-hydroxy-5-methyl-4-isoxazole proprionic acid (AMPA), kainic acid and glutamic acid, wherein said effective amount of said compound induces paraptotic cell death.
- 8. The method of claim 7, wherein said compound is part of a combination therapy that further comprises an effective amount of a compound known to induce apoptotic cell death.
- 9. The method of claim 7 or 8, wherein said 15 condition is a neoplastic condition.
 - 10. The method of claim 7 or 8, wherein said condition is an autoimmune condition.
- 11. A method of treating a condition associated with excessive cell death comprising
 20 administering to a subject in need of such treatment an effective amount of a compound selected from the group consisting of Alg-2-interacting protein 1 (AIP-1), Jun N-terminal kinase 1 (JNK1) neutralizing agent, Jun N-terminal kinase 2 (JNK2) neutralizing agent, TNF
- 25 Receptor-Associated Factor 2 (TRAF2) neutralizing agent, ortho-phenanthroline and the JNK inhibitor SP 600125, wherein said effective amount of said compound inhibits paraptotic cell death.

- 12. The method of claim 11, wherein said compound is part of a combination therapy that further comprises an effective amount of a compound known to inhibit apoptotic cell death.
- 5 13. The method of claim 11 or 12, wherein said condition is an ischemic condition.
 - 14. The method of claim 13, wherein said ischemic condition is a stroke.
- 15. The method of claim 13, wherein said 10 ischemic condition is a myocardial infarction.
 - 16. The method of claim 11 or 12, wherein said condition is a neurodegenerative condition.